

MANAHOLIC®

SPOTIFY PLAYLIST



Acknowledgments and Gratitude

Here I Stand (Album: Joy in Our Hearts)

By **Karen Drucker**

Record Label: Karen Drucker | Release Date: November 7th 2015

Introduction - In the Dark

Time for Greatness (Album: Waterfall of Wisdom)

By **Fia**

Record Label: Valley Music Dalapop | Release Date: April 26th 2019

Introduction - My Soapbox

Rose (Album: Silent Voices)

By **Ayla Schafer**

Record Label: Nixi Music | Release Date: November 20th 2020

Chapter 1 - Admitting I Have a Problem

Sword of Discernment (Album: Sword of Discernment)

By **Heather Christie, Sofiah Thom**

Record Label: Mönbabe Records | Release Date: November 11th 2020

Chapter 2 - Groomed from the Womb

I Love Me (Album: I Love Me)

By **Demi Lovato**

Record Label: Island Records | Release Date: March 6th 2020

Chapter 3 - Don't Take My Sunshine Away

You Are My Sunshine (Album: You Are My Sunshine)

By **Jasmine Thompson**

Record Label: Atlantic Records | Release Date: December 9th 2016

Chapter 4 - An Uncomfortable Conversation

Heart Voices (Album: Heart Voices)

By **Yavani, Sinnika**

Record Label: Skapandi-Music | Release Date: December 1th 2023

Chapter 5 - The Loudest Voice

I'm Still Standing (Album: A Million Little Things: Season 1 -Original Television Series Soundtrack)

By **Allison Miller**

Record Label: Hollywood Records | Release Date: March 1th 2019

Chapter 6 - Am I Dating a Narcissist?

Quiet (Album: This Is Not The End)

By **MILCK**

Record Label: Atlantic Records | Release Date: January 19th 2018

Chapter 7 - A Fork in the Road

I'm Outta Love (Album: Not That Kind)

By **Anastacia**

Record Label: Epic | Release Date: June 13th 2000

Chapter 8 - Leap of Faith

I AM WOMAN (Album: I AM WOMAN)

By **Emmy Meli**

Record Label: Disruptor Records/Arista Records | Release Date: November 19th 2021

Chapter 9 - Every Man Is My Dad

I Am Enough (Album: Awake Now)

By **Daphne Willis**

Record Label: Barefeet Records | Release Date: May 15th 2020

Chapter 10 - The Edge of Freedom

I Made It (Album: I Made It)

By **Tones And I**

Record Label: Elektra (NEK) | Release Date: February 3th 2023

Chapter 11 - Rebirth

Be Yourself (Album: Be Yourself)

By **Peruquois**

Record Label: Peruquois | Release Date: September 27th 2015

Chapter 12 - Whack-A-Mole!

Stay Strong (Album: Field Songs Revisited)

By **Fertile Ground**

Record Label: BlackOut Studios | Release Date: January 1th 2005

Chapter 13 - Burn, Baby, Burn

Disco Inferno - 2023 Remaster (Album: What's Love Got to Do with It - 30th Anniversary Deluxe Edition)

By **Tina Turner**

Record Label: Rhino | Release Date: April 26th 2024

Chapter 14 - A New Dance

Self Love (Album: Self Love)

By **Call Me Loop**

Record Label: Call Me Loop | Release Date: July 12th 2019

Chapter 15 - All In

I Am Woman - 1972 Version (Album: I Am Woman -Original Motion Picture Soundtrack) [Inspired by the story of Helen Reddy]

By **Chelsea Cullen**

Record Label: Masterworks | Release Date: August 21th 2020

Bonus - For the Reader

Proud (Album: Proud)

By **Heather Small**

Record Label: Arista | Release Date: 2000

