

## RESOURCES & FURTHER READING

### Books Referenced in Manaholic®

**The Artist's Way** by Julia Cameron, (Jeremy P, Tarcher – 1992)

**Breaking the Habit of Being Yourself: How to Lose Your Mind and Create a New One** by Dr. Joseph Dispenza, (Hay House LLC, 2013)

**Dodging Energy Vampires: An Empath's Guide to Evading Relationships That Drain You and Restoring Your Health and Power** by Dr. Christiane Northrop, (Hay House LLC., 2019)

**The Father Daughter Talk** by R.C. Blake Jr. (Lifebridge Books, 2014)

**The Power of Now: A Guide to Spiritual Enlightenment** by Eckhart Tolle, (Namaste Publishing, 1997)

**Setting Boundaries Will Set You Free: The Ultimate Guide to Telling the Truth, Creating Connection, and Finding Freedom** by Nancy Levin, (Hay House LLC, 2020)

**Soul-Ties: Breaking The Ties That Bind** by R.C. Blakes Jr., (Untapped Potential Publishing, 2017)

**Spiritual Economics: The Principles and Process of True Prosperity** by Eric Butterworth, (Unity Village – 2001)

**Untethered Soul: The Journey Beyond Yourself** by Michael A. Singer, (New Harbinger Publications/Noetic Books – 2007)

**Worthy: Boost Your Self-Worth to Grow Your Net Worth** by Nancy Levin, (Hay House LLC, 2020)

**The Yamas & Niyamas: Niyamas: Exploring Yoga's Ethical Practice** by Deborah Adele, (On-Word Bound Books, 2009)



## Websites Referenced in Manaholic®

**The Burned Haystack Dating Method:** <https://jennieyoung.com/my-channels/burned-haystack/>

**Dr. Marisa Peer:** [www.marisapeer.com](http://www.marisapeer.com)

**Dr. Ramani:** [www.doctor-ramani.com](http://www.doctor-ramani.com)

**Human Design:** [www.ihdschool.com](http://www.ihdschool.com)

**Kabalarians (Free Name Analysis):** [www.kabalarians.com](http://www.kabalarians.com)

**Victims 2 Survivors-US:** [www.victims2survivorsus.org](http://www.victims2survivorsus.org)

## You Might Also Enjoy

**The Alchemist: A Fable About Following Your Dream** by Paul Coelho, (Harper Collins Publishers, 2002)

**Born Giving Birth to a New You** by Dee Wallace, (Briton Publishing LLC., 2021)

**The Celestine Prophecy** by James Redfield, (Grand Central Publishing, 2018)

**Change Me Prayers: The Hidden Power of Spiritual Surrender** by Tosha Silver, (Atria Books, 2015)

**Eat, Pray, #FML** by Gabrielle Stone, (Gabrielle Stone, 2019)

**The Game of Life and How to Play It** by Florence Scovel Shinn, (Florence Scovel Shinn, 1925)

**The Illusion of Money: Why Chasing Money Is Stopping You from Receiving** by Kyle Cease, (Hay House, 2022)

**It's Not Your Money: How to Live Fully from Divine Abundance** by Tosha Silver, (Hay House LLC, 2019)

**Love Money, Money Loves You** by Sarah McCrum, (Sarah McCrum, 2022)

**Meditation Express: Stress Relief in 60 Seconds Flat** by Nancy L. Butler-Ross and Michael Suib, (McGraw-Hill, 2001)

**Outrageous Openness: Letting the Divine Take the Lead**, by Tosha Silver, (Atria Books, 2016)

**Savy Wisdom From Beyond** by Peggy McColl, (Hashmark Publishing International, 2023)

**The Self-Love Experiment: Fifteen Principles for Becoming More Kind, Compassionate, and Accepting of Yourself** by Shannon Kaiser, (TarcherPeerigee, 2017)

**The Surrender Experiment: My Journey into Life's Perfection** by Michael Singer, (Harmony, 2015)

**You are a Badass: How to Stop Doubting Your Greatness and Start Living an Awesome Life** by Jen Sincero, (Running Press, 2013)

**You are a Badass at Making Money: Master the Mindset of Wealth** by Jen Sincero, (Penguin Life, 2017)

**You Can Heal Your Life** by Louise L. Hay (Hay House LLC, 1984)

