

RESOURCES & FURTHER READING

Books Referenced in Manaholic™



The Artist's Way by Julia Cameron, (Jeremy P, Tarcher – 1992)

Breaking the Habit of Being Yourself: How to Lose Your Mind and Create a New One by Dr. Joseph Dispenza, (Hay House LLC, 2013)

Dodging Energy Vampires: An Empath's Guide to Evading Relationships That Drain You and Restoring Your Health and Power by Dr. Christiane Northrop, (Hay House LLC., 2019)

The Father Daughter Talk by R.C. Blake Jr. (Lifebridge Books, 2014)

The Power of Now: A Guide to Spiritual Enlightenment by Eckhart Tolle, (Namaste Publishing, 1997)

Setting Boundaries Will Set You Free: The Ultimate Guide to Telling the Truth, Creating Connection, and Finding Freedom by Nancy Levin, (Hay House LLC, 2020)

Soul-Ties: Breaking The Ties That Bind by R.C. Blakes Jr., (Untapped Potential Publishing, 2017)

Spiritual Economics: The Principles and Process of True Prosperity by Eric Butterworth, (Unity Village – 2001)

Untethered Soul: The Journey Beyond Yourself by Michael A. Singer, (New Harbinger Publications/Noetic Books – 2007)

Worthy: Boost Your Self-Worth to Grow Your Net Worth by Nancy Levin, (Hay House LLC, 2020)

The Yamas & Niyamas: Niyamas: Exploring Yoga's Ethical Practice by Deborah Adele, (On-Word Bound Books, 2009)

Websites Referenced in Manaholic®

The Burned Haystack Dating Method: <https://jennieyoung.com/my-channels/burned-haystack/>

Dr. Marisa Peer: www.marisapeer.com

Dr. Ramani: www.doctor-ramani.com

Human Design: www.ihdschool.com

Kabalarians (Free Name Analysis): www.kabalarians.com

Victims 2 Survivors-US: www.victims2survivorsus.org

You Might Also Enjoy

The Alchemist: A Fable About Following Your Dream by Paul Coelho, (Harper Collins Publishers, 2002)

Born Giving Birth to a New You by Dee Wallace, (Briton Publishing LLC., 2021)

The Celestine Prophecy by James Redfield, (Grand Central Publishing, 2018)

Change Me Prayers: The Hidden Power of Spiritual Surrender by Tosha Silver, (Atria Books, 2015)

Eat, Pray, #FML by Gabrielle Stone, (Gabrielle Stone, 2019)

The Game of Life and How to Play It by Florence Scovel Shinn, (Florence Scovel Shinn, 1925)

The Illusion of Money: Why Chasing Money Is Stopping You from Receiving by Kyle Cease, (Hay House, 2022)

It's Not Your Money: How to Live Fully from Divine Abundance by Tosha Silver, (Hay House LLC, 2019)

Love Money, Money Loves You by Sarah McCrum, (Sarah McCrum, 2022)

Meditation Express: Stress Relief in 60 Seconds Flat by Nancy L. Butler-Ross and Michael Suib, (McGraw-Hill, 2001)

Outrageous Openness: Letting the Divine Take the Lead, by Tosha Silver, (Atria Books, 2016)

Savy Wisdom From Beyond by Peggy McColl, (Hashmark Publishing International, 2023)

The Self-Love Experiment: Fifteen Principles for Becoming More Kind, Compassionate, and Accepting of Yourself by Shannon Kaiser, (TarcherPeerigee, 2017)

The Surrender Experiment: My Journey into Life's Perfection by Michael Singer, (Harmony, 2015)

You are a Badass: How to Stop Doubting Your Greatness and Start Living an Awesome Life by Jen Sincero, (Running Press, 2013)

You are a Badass at Making Money: Master the Mindset of Wealth by Jen Sincero, (Penguin Life, 2017)

You Can Heal Your Life by Louise L. Hay (Hay House LLC, 1984)

